

FIND YOUR FEET ON FLINDERS ISLAND

4 DAYS EXPLORING FLINDERS ISLAND, A PARADISE WITHOUT THE PEOPLE

QUICK FACTS

Tour Duration: 3 nights & 4 days

Departs: Launceston Airport, Sharp Airlines Terminal @ 8am 19th January 2023 (Thursday)

Returns: Launceston Airport, Sharp Airlines Terminal @ 5.30pm 22nd January 2023 (Sunday)

Maximum Group Size: 12 guests

Accommodation: 4* star

Meals: All meals included

Transport: All on-ground transport provided

Extra activities: Diamond fossicking, walking, beach activities & sight-seeing

RUN DETAILS**

Minimum Run Duration: 6km/60min

Maximum Run Duration: 15km/4hrs

Technical Difficulty: Beginner - Moderate (trail experience required) **Steepness:** Undulating fire-trails to very steep mountain slopes

*** Our tours are a holiday involving trail running. Our guides will craft each days' runs to meet your individual needs and en route will frequently stop to soak up the ambience and to take plenty of photos. Therefore, running distances noted in this itinerary can vary to differentiate between guest abilities and make your Find Your Feet Tour a rich experience.*

TOUR HIGHLIGHTS

- Explore this unique island set amongst the Furneaux group, approximately 100 islands off Tasmania's NE coastline
- Scale the granite slopes of Mt Strzelecki at dawn, with Flinders Island spread out below
- Dig for Killiecrankie Diamonds on a remote bay during a rest stop on one of our coastal runs
- Watch wildlife in their natural habitat including wombats, wallabies and extensive bird life
- Enjoy boutique Tasmanian accommodation after a day on the trails, resting in a secluded bush setting beneath Mt Strzelecki
- Enjoy the camaraderie of your new trail running friends.

ITINERARY

Meet 'the crew' & fly to Flinders Island

We will meet at the Launceston Domestic Airport (Sharp Airlines Terminal) at 7am on Thursday 19th January. We will check in for our flight to Flinders Island before boarding a small 20-seat aircraft. Our flight will depart at 8am, flying over the North-East region of Tasmania and then the offshore island of the Furneaux Group, arriving on the island at 8:35am where we will pick up our vehicle.

DAY 1

- Enjoy an introductory run on Flinders Island in close proximity to Mt Strzelecki National Park and Trouser's Point, a pristine white quartz beach beneath the mountain's towering slopes (approx. 10-12km)
- Picnic amongst the Casuarina trees, and head for a swim if you are brave! • Check into our boutique accommodation situated just below Mt Strzelecki, enjoying some down time after our early morning start.
- Relax over a quiet, whole-foods dinner prepared for us by our hosts and share stories about your first day of trail running on Flinders Island.

Day 2 -3

- After a leisurely breakfast we will head for a full day trip of the hills, trails and beaches of Flinders Island. Our run itineraries for these two days may include:
 - Exploring the slopes and beaches around Mt Killiecrankie, including digging for the famous Killiecrankie Diamonds during one of our rest stops (approx. 15km) • Run fire-trails and small tracks to Walkers Lookout through the Darling Ranges in the central region of the island (approx. 15km) OR explore the coastal sand dunes, stupendous beaches and small forested trails on the western side of the island to Castle Rock (up to 15km)
- Soak in the sun (finger's crossed!) over a picnic lunch, enjoying an afternoon of sight-seeing and relaxation.

Day 4

- Start the day with a dawn run to the summit of Mt Strzelecki, towering 765m over the island. What a magical conclusion to the tour! (approx. 7km)
- Relax over our whole-foods breakfast before packing and departing for one final explore around Trouser's Point (approx. 5km)
- After another picnic lunch, we will travel back to Whitemark Airport for our return trip to Launceston, arriving at 5.30pm Sunday the 22nd January 2023. We will say our farewells... until next time!

Accommodation: Three nights at Mountain Seas (4*)

Twin share accommodation nestled under the slopes of Mt Strzelecki. The accommodation is set on a large bush acreage. We look forward to making this our home away from home.

Meals: Breakfast, lunch and dinner will be included. This will be focussed on whole food meals prepared by our host.

COST: \$2695 (incl. GST)

Tour inclusions: 4* Tasmanian accommodation; all on-ground transport; all meals; return flights from Launceston to Flinders Island; expert coaching & guiding; opportunity to run with the local residents; National Park entries; discounts to premium brands at Find Your Feet.

Tour exclusions: Airfares from mainland or vehicle travel from Hobart to Launceston (if required); accommodation in Launceston prior to departure (if required); travel insurance; incidental expenses.

Please note, this trip is strictly limited to 12 guests and will book quickly